



**The Metaphysical Society for the
Expansion of Consciousness**

PO BOX 89 LONDON SE3 7JN

TELEPHONE/FAX: 020 8305 2317

Email: info@metaphysicalsociety.com

www.metaphysicalsociety.com

**The Metaphysical Society
Practitioner Training**

**GENERAL COURSE
PROSPECTUS
2011**

*An independent organisation for the advancement of spiritual understanding
and the self-empowerment of the individual.*

The Metaphysical Society

“Life is a blessing or a curse, according to the use we make of it.”

The Metaphysical Society (MSEC) is a network of qualified, registered Metaphysical Practitioners and Teachers which was founded by Christine King (the Principal) in the early 1990's. It aims to provide a forum for the awakened individual seeking an interesting programme of personal development and spiritual growth and it also serves as a training faculty for metaphysical counsellors, practitioners and teachers. In 1996 the MSEC Practitioner Training Course was accepted by the ICM (Institute of Complementary Medicine) as a recognised training course. Our organisation was the first metaphysical training course to join the Institute. The ICM has now expanded into the ICNM (Institute of Complementary and Natural Medicine.) We are proud to say that our relationship with this organisation now spans over 15 years.

Qualified practitioners are trained to work holistically with clients on a one to one basis using metaphysical counselling skills and psycho-spiritual techniques. This combination helps the individual to understand how the mind works at both the psychological and spiritual level, the purpose of which is to gradually guide the client to a place of self-empowerment. With the support of a metaphysical practitioner, clients can begin to utilise the principles to help restore balance and harmony to their lives by rediscovering the hidden talents, strengths and abilities within themselves.

The following pages outline the Metaphysical Society Practitioner Training Programme. This Programme is designed to be taken part time. Students can complete the programme over a period of 2 years, but due to its modular nature, students may spread the training over a longer period to work around other commitments.

Although the courses lead to qualification as a Metaphysical and Spiritual Counsellor, they are also often taken for personal development. Personal development is a key element in the process of training to be a Metaphysical and Spiritual Counsellor.



The Metaphysical Society Practitioner Training Foundation Course: First Level

The Foundation Course consists of three separate modules of 6 days each, making a total of 18 training days. Students are given a thorough grounding in metaphysical and spiritual principles, both theoretical and practical. At the end of this training course, attendees will have a set of tools which they can apply to their everyday living. A *Certificate of Attendance* is given for each Module and a Foundation Course Certificate is issued only on completion of the whole course including any written questionnaires or reading assignments which were part of the curriculum. This Foundation Course can also be taken as a prelude to becoming a metaphysical and spiritual practitioner, or as an in-depth personal growth programme for one's own unfoldment.

It is also possible to study the entire Foundation Course on a purely online basis.

On completion of the Foundation Course, students will be eligible and have the option to train as MSEC Facilitators of the "Introductory Course in Self-Awareness"; a complete self-awareness programme based on the MSEC teachings. Students who decide to take this module will also receive a Facilitator Certificate from the MSEC. Being optional, this module is not a pre-requisite for enrolment on the MSEC Practitioner Training Course. However, it can serve as a valuable platform for those students wishing to work with groups and gain an authorisation to present an approved official MSEC course to members of the public.

Module A: The 12 Keys to Consciousness

This module is open to anyone interested in gaining an understanding of metaphysical and spiritual principles. It takes you step by step through twelve spiritually-based lessons, which although simple in their presentation, when put into practice, are powerful tools for transformation:-

1. UNLOCKING THE DOOR TO THE LIMITLESS SELF
2. LETTING THE DIVINE PLAN OF YOUR LIFE UNFOLD
3. COPING WITH THE CHALLENGE OF CHANGE
4. YES YOU CAN! - DEPENDING ON SPIRITUAL CONFIDENCE
5. LETTING GO OF FEAR - TAKING RISKS
6. NO MORE ENEMIES—HEALING THE CONFLICT WITHIN
7. EMBRACING THE REJECTED SELF WITH COMPASSION
8. BECOMING EMPOWERED BY RELEASING BLAME
9. FROM BETRAYAL TO TRUST
10. FINDING MEANING IN WHAT APPEARS TO GO WRONG
11. CULTIVATING A GENEROUS HEART
12. LETTING LOVE LIVE YOUR LIFE

You may take Module A purely for your own personal growth and do not have to commit to any other module. However, if you want to go further in your studies, you may wish to go on to Module B.

Module B: Basic Principles

This module is open to anyone who has completed Module A. It explains in depth the following:

- EXPANDING ON METAPHYSICAL PRINCIPLES & THE LAWS OF THE UNIVERSE
- SPIRITUAL SOLUTIONS FOR EVERYDAY PROBLEMS
- ACCESSING THE HEALING CONSCIOUSNESS
- OPENING THE HEART AND CONNECTING WITH THE SPIRIT OF LOVE
- DEVELOPING OUR ABILITY TO PRAY AFFIRMATIVELY
- HOW MENTAL PATTERNS CAN CONTRIBUTE TO DISEASE
- THE NATURE OF SUPPLY
- THE 10 COMMANDMENTS OF PROSPERITY
- UNDERSTANDING LOVE
- UNFOLDING THE SACRED SELF
- THE TRUTH ABOUT KARMA
- THE MIND AND HOW IT WORKS
- AN INTRODUCTION TO SPIRITUAL COUNSELLING

Reading assignments and exercises are an essential part of this module.

Module C: Living the Principles

This module is open to anyone who has completed Module A and B. It will take you deeper into metaphysical and spiritual principles and includes the following:-

- 10 COMMANDMENTS OF INNER PEACE
- RANDOM ACTS OF KINDNESS
- FREEING OURSELVES FROM THE PAST
- LOVING THE UNLOVABLE
- HANDLING THE DARK NIGHT EXPERIENCE
- ATTITUDES OF GRATITUDE & HEALING RESENTMENT
- MOVING BEYOND SCRIPTS
- HANDLING JEALOUSY AND INSECURITY
- RELEASING GUILT
- UNDERSTANDING & COMPASSION - LOVE IN ACTION
- BUDDHIST & SANSKRIT MEDITATION
- SURRENDERING TO THE DIVINE
- TRUSTING THE PROCESS
- FINDING GOD IN GRIEF
- HEALING & REVEALING
- PRAYING FOR THE ENEMY

Reading assignments and self-awareness exercises are an essential part of this module.

The Metaphysical Society Practitioner Training

Module D: Facilitator Training (Optional)

This is open to all students who have successfully completed Modules A, B & C. It consists of six one day workshops covering:

1. HOW TO FACILITATE A SMALL GROUP
2. HOW TO LEAD A GROUP IN MEDITATION
3. PRESENTING METAPHYSICAL & SPIRITUAL PRINCIPLES
4. HELPING THE GROUP TO GREATER SELF AWARENESS
5. CREATING A HARMONIOUS ATMOSPHERE
6. UNFOLDING YOUR LEADERSHIP SKILLS

All practical exercises must be conducted to the satisfaction of the Course Teacher. Successful candidates will then be awarded the MSEC Facilitator Certificate which entitles them to present the approved course entitled, "An Introduction to Spiritual Awareness" which is based on the 12 Keys principles. All Facilitators sanctioned by the MSEC are required to attend Supervision (CPD) sessions.

ALL 3 MODULES OF THE FOUNDATION COURSE (A, B & C) MUST BE COMPLETED BY ALL STUDENTS WISHING TO TAKE THE PRACTITIONER TRAINING

Continuous Professional Development (CPD)

All students gaining a qualification from the MSEC and registered with The Society are required to attend CPD with a qualified MSEC Supervisor.

If you are already a Practitioner, the Facilitator Programme will cover your CPD requirements during the training programme.

The Metaphysical Society Practitioner Training Module P: Practitioner Course

A TRANSFORMATION PROGRAMME FOR INDIVIDUALS WHO ARE TRULY READY FOR CHANGE

CONSISTING OF 18 FULL DAY WORKSHOPS
(USUALLY STUDIED PART TIME OVER 12 TO 18 MONTHS)

Content:

THE SPIRITUAL PRACTITIONERS TOOL KIT
THE FUNDAMENTAL PRINCIPLES OF SPIRITUAL AND METAPHYSICAL COUNSELLING
BECOMING A MORE EFFECTIVE PRACTITIONER
TUNING IN TO HIGHER WISDOM
PRACTITIONERS CASEBOOK

DAILY SPIRITUAL PRACTISE TO ENHANCE THE REALISATION OF ONENESS
HEALING THROUGH AWARENESS
THE PROBLEM ALWAYS HAS A GIFT WITHIN IT
SELF WORTH AND THE APPROVAL TRAP
THE 10 COMMANDMENTS OF TRUE RELATIONSHIP

THE POWER OF PRAYER AND ITS MANY FORMS
SURRENDER VERSUS STRUGGLE
WHEN THE STUDENT IS READY – THE TEACHER WILL APPEAR
DEALING WITH CLIENTS AT THEIR OWN LEVEL OF AWARENESS
HELPING THE CLIENT TURN ADVERSITY INTO OPPORTUNITY

THE CHALLENGES OF THE SPIRITUAL PATH
THE TRUE IDENTITY BEHIND THE MASK
GOING BEYOND THE SCRIPT OF THE FALSE SELF
THE DARKEST HOUR IS JUST BEFORE DAWN
THE FOUR LEVELS OF FORGIVENESS

EXPRESSING FEELINGS AND NEEDS
EMBRACING THE INNER CRITIC
MEETING THE DISOWNED SELVES
THE WAY OF THE MYSTIC
FROM LAW TO GRACE

THE PATH OF ONENESS
THE PRINCIPLE OF FREEDOM
THE CONSCIOUSNESS OF LOVE
BEYOND THE WORLD OF OPPOSITES

Practitioner Course Fact Sheet

The Practitioner course is only open to students who have already attended and completed the MSEC Foundation Training i.e. Modules A, B & C. It consists of 18 full day workshops held over approximately one year. It aims to deepen understanding and encourage the practical application of the principles studied on the Foundation Course.

Students can also complete this course on a part online basis, where 50% of the course material is covered online and 50% at attendance workshops. These workshops cover the practical counselling skills element of the course.

The Practitioner Course is designed for the advanced student who desires to work professionally in this field as a Metaphysical Practitioner and Spiritual Counsellor or for the person who wishes to use the knowledge for personal growth and expanded awareness. Either way it does require commitment and a willingness to change and grow.

Metaphysics goes beyond orthodox psychology and approaches the client's situation from a spiritual standpoint. The Metaphysical Practitioner training explains how to work with clients from both a mind and spiritual perspective.

As well as metaphysical counselling skills, your training will include a myriad of techniques from a wide range of practical and philosophical teachings, giving you an extremely powerful set of tools to assist your clients. This course is not a conventional counselling course however the counselling techniques covered, will adequately empower you to fulfil a Metaphysical Practitioner's role and to offer this to clients and/or yourself.

At the end of the course, there will be an examination which will include both theory and practice. Successful candidates will be issued with a Diploma and their names, if they wish to practice, will be entered on the website as a Metaphysical Practitioner. The examination is not compulsory if you do not wish to work professionally. All qualified Practitioners will have the opportunity of applying to the Institute for Complementary and Natural Medicine (ICNM) for inclusion on their British Register of Complementary Practitioners.

As well as personal attendance on the course, there will be additional home study by way of reading, inner awareness exercises and some written assignments. This extra work will not be excessive and no one need be concerned about any lack of academic experience. If you intend to practice, you will need to complete four case studies of metaphysical counselling with voluntary clients, and undertake six personal counselling sessions with a Metaphysical Practitioner.

A successful Metaphysician is not necessarily the person with the most intellectual ability. It is someone who opens their heart to this profound truth, recognising their True Identity and sincerely desiring to share their understanding with others.

The Qualification

Upon successful completion of all requirements you would be issued with the qualification - **M.S.E.C. (Practitioner)**

If you are taking the programme purely for your own personal growth or a theory pass, you need to complete requirements 1, 2, 3, 6 and 7. A *Certificate of Completion* is issued, **not** a qualification. Please note: you would be unable to practice with clients.

As explained, the MSEC Practitioner course is affiliated with the Institute for Complementary and Natural Medicine (ICNM). So upon successful completion of the course, for a fee, Practitioners have the option, should they so wish to apply to the ICNM for inclusion on their British Register of Complementary Practitioners (BRCP) and subject to acceptance, they may use the designating letters MBRCPP.

Directory of Practitioners

The MSEC Directory of Practitioners is printed in the MSEC'S e-magazine called Insight. It lists qualified practitioners who are insured members of the MSEC and can include a photograph if you wish. The teachers, trainers and facilitators who offer tuition on behalf of The Society are also listed in this directory.

Insight Magazine

Insight is an on-line magazine produced by the MSEC which includes a free Directory and extremely reasonable rates for advertising your private practice, courses and workshops.

Website

The MSEC website includes details of courses listed in this prospectus and gives a full listing of Practitioners and Teachers - www.metaphysicalsociety.com

Course Fees 2011

Foundation Course £1320
Early bird discount for all 3 modules £1199 saving £121
If studied separately
Module A £420, Module B £450, Module C £450
Module D £500
Practitioner Course £1800
Early bird discount for full advance payment £1495

The Main Principles Behind the Philosophy of the Society

1. We believe there is One Mind, One Life Force, One Universal Energy or Power permeating all existence.
2. We believe this Power to be: Omnipotence (all power), Omniscience (all knowledge) and Omnipresence (being everywhere evenly present).
3. We believe that the name by which this Power is known is unimportant. Some descriptions are The Source, Presence, Self, The Unmanifest, The Universe, Power Within, Life Force, Creative Mind, Infinite Intelligence, Energy, God, etc.
4. We believe mankind to be an expression of this Power, which individualises Itself as the Spiritual Nature of each person.
5. We believe this Power to be a Power for Good, operating through the Spiritual Laws of Mind.
6. We believe that this Power is a Creative Intelligence. As we open our consciousness to it, we unfold our Spiritual Nature, bringing our lives more into balance.
7. We believe that, on a mental level, each individual creates his or her own reality by means of thought and belief. By aligning our consciousness with the One Presence we can change our experience.
8. We believe that the Spiritual Self within all beings is Perfect (meaning Whole, Complete and Limitless).
9. We believe that our journey is for the purpose of recognising and unfolding our own Spiritual Wholeness by the upliftment of consciousness and the realisation of our AT-ONE-MENT with Life.

NB. Please note you do not need to believe or fully understand the above principles, in order to take part in these courses. They will become clearer as we progress through the studies. This list is provided here for completeness and so you can see the principles upon which this training programme is based.

Enrolment Form

Please read before signing the enrolment form:

I understand that it is my responsibility to pay the full fees for my course(s). Where it has been agreed that I may pay my fees by instalments I shall make the payments due in full and on time.

I understand that the MSEC reserves the right to amend the course/tutor arrangements or merge/close classes if student numbers cease to be viable, and that fees are only refundable if the MSEC closes the course or if I give written notice of withdrawal at least 10 days before a course begins (an administration fee will be deducted.)

Name

Address

.....Post code.....

Tel/FaxMobile.....

EmailWebsite.....

Date of BirthProfession.....

Please enrol me on the following course:

Start date.....Tutor.....Venue.....

I enclose a cheque for £..... (please make cheque payable to the relevant tutor and post to their address)

1. Please provide an outline of your metaphysical understanding/background in detail:

2. What do you hope to gain from completing in this course?

3. Are there any special problems in terms of this training, such as foreign language, dyslexia, distance, etc that you think we should be aware of? Or any particular concerns you might have?

Signed.....Date.....
